

### SIZE CHART LEMS MEN/WOMEN - Primal 3

- 1) If you are buying Lems for the first time, check the length of your feet according to the instructions below.
- 2) Add 10-15mm to the measurement of your LONGER foot to ensure you get the right amount of room.
- 3) From that number (the length of your longer foot plus 10-15 mm), choose the right shoe size according to the diagram below.

Inner length of the shoe	24,0 cm	24,8 cm	25,5 cm	26,3 cm	27,2 cm	28,0 cm	28,8 cm	29,6 cm	30,6 cm	31,3 cm
EU	37	38	39	40,5	42	43	44,5	46	47	48
US (Men)	5	6	7	8	9	10	11	12	13	14

### How to measure your feet?

#### Step 1

Position a piece of paper on a hard floor next to the wall and step on it, making sure that your heel is slightly touching the wall behind.

#### Step 2

Mark the end of your big toe and the outermost part of your heel on the paper, and repeat the process with your other foot.

#### Step 3

Measure the distance between the two markings for both feet, add 10-15 mm to ensure they have the right amount of space, and convert on the chart above. If your feet have two different sizes, when comparing against the size chart use the length of your larger foot.